



Date
Snap Shot Report Example
Player Name

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Summary

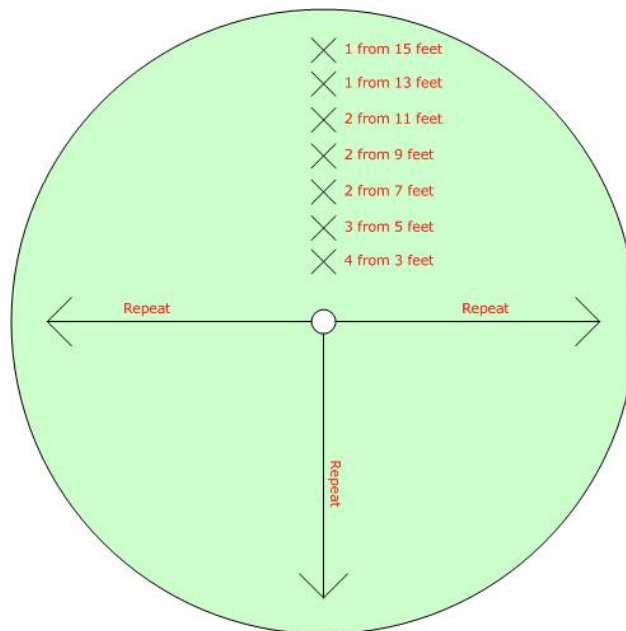
We have performed an analysis of your game and advise the following steps to help streamline your practice and tournament preparation:

1. Play the two ball worst ball game outlined below, but without your woods. This will pressure your long irons in practice making the task feel easier when competing.
2. Work extra on your lob / flop shots.
3. Work extra on your mid range putting between 6 and 15 feet. Use the Putting Drill outlined below.
4. Check the loft and lie of your 6 iron. It may have a possible defect.

Drills

Two Ball worst Ball - Score a round of golf against an opponent playing the two ball worst ball game. The game consists of hitting two balls from the first tee. Your opponent picks what they feel is the worst position of the two balls to hit your second shot from. You must then hit two balls from that position. Your opponent again picks what they feel is the worst position of the two balls to hit your third shot from. This process takes place for every shot hit on the golf course including putting and taking penalty shots from Out of Bounds etc. The aim of this game is to produce consistency by doubling the pressure on every golf shot hit on the course. It is the best form of tournament preparation and should be practiced regularly. We also advise playing this game when playing a few holes on your own in the evenings, etc.

Putting Drill - The following should be practiced using good quality putting surfaces. As outlined in the drawing below, place the correct number of balls at each distance from the hole. Starting at the closest range, putt every allotted ball before moving out to the next distance. The aim is to hole as many putts as possible. Eleven out of fifteen is an excellent conversion rate. Repeat the drill moving round in 90 degree angles.



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